

INSTRUCTIONS

TL105/110/115/125 Walking Poles



Undo the velcro strap and secure it around the hand grip.



To collapse the poles, depress the locking button. Slide the top pole section fully into handle. Pull pole sections apart and secure together with the velcro strap.



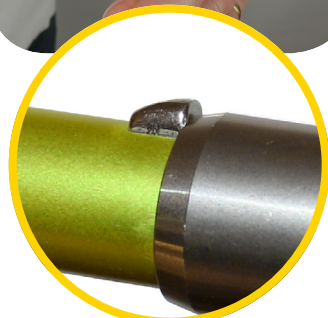
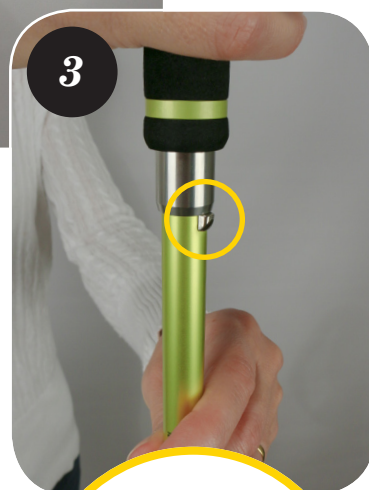
Allow the pole sections to hang vertically.

With one hand holding the foam grip, grasp the pole section immediately below the silver collar.

Pull this pole section downwards until the locking button (circled) clicks into place.

The lower pole sections will fit together as the top section is extended.

Important: ensure the locking button is fully deployed. The locking button should protrude at least 1 mm beyond the edge of the silver collar.



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Maintenance

If exposed to muddy conditions or salt water, rinse the pole in fresh water and leave in **collapsed state to dry**.

Storage

Always collapse poles for storage when not in use. **Do not leave poles assembled for long periods of time as this will damage the tension system.**

Rubber Tip Covers

Twist and pull tip covers to remove them. When attaching them, the pole tip should fit snugly inside the cover.

Correct Technique

Read 'The Australian Bushwalker's Guide to Walking Poles' for advice on getting the most from your poles.

Warranty

All Helinox products are covered by a 5 year warranty.